### **Application For Membership in Hope House**

To be accepted into Hope House an applicant must complete both sides of this application and be interviewed by members of the Hope House Board. Carefully read the application and honestly answer the questions. Living in the Hope House is special- its value can help you achieve a comfort able lifestyle.

Print Name (Last, First, Middle)				
	Month	Day	Year	
Present Address	Phone where you	can be reached		
Are you a Convicted Felon?Yes	lo If yes, Please E	xplain		
Are you employed?YesNo	ı	If yes-who is your emplo	oyer?	
If you do not have a job- will you get one?YesNo	o If y	res- what job plans do y	ou have?	
Are you getting any public assistance?YesNo	lf	yes- list all below.		
What is your monthly income right now?				
Marital Status				
MarriedNever MarriedSeparated	Divorced	Widowed		
Do you have a medical doctor? YesNo	If yes- list the doct	or's name and phone n	umber	
Do you take prescription drugs?YesNo If y	res- list drugs and r	reason drug has been pr	escribed.	

Please complete page two of this application \_

Date of move in?immediatelyother accepted, the date is in the future rather than immediately.		ould want to move in. If Reason:	
Emergency Telephone Numbers. List two family members or frie	ends		
Name and Address	Relationship	Telephone	
1			
2			
Use this space for additional relevant information:			
I have read, agree and affirm that all of my statements and information are true and complete. I acknowledge that false, undisclosed, incomplete or misleading information herein may constitute grounds for rejection of this application, or termination of occupancy. 1 authorize you to obtain consumer reports, which may include credit or criminal background information about me in order to verify the information I have provided.			
Signature	Date		
Name	Date		

# Newcomer Packet

Fill out forms and turn in at next house meeting.

### **Hope House Expectations**

The Three	"R"s of Hope House Living
Presented to	)

### **Welcome to Hope House**

You have been accepted into Hope House. We would like to welcome you!

Hope House combines Recovery, Responsibility, and Replication to enable each of our members to live free of the disasters of drug and/or alcohol addiction. How you use I will make a difference in your own recovery and the stability of the house.

The simple key factors of the Hope House concepts and charter requirements that can ensure your success are:

- 1. Pay your share of expenses on time.
- 2. Do not use drugs or alcohol in or out of the house.
- 3. Share in democratic procedures of the house.

Each house is guided by the simple guidelines of our manual and traditions and the house set of rules, guidelines or house expectations. You are expected to read these and familiarize yourself with them. If you have any questions a house member will explain them.

### **RECOVERY**

Each member is responsible for his own plan of recovery. For example, completing your treatment plan (if applicable), participating in, a 12 Step program or related recovery program, and using an outside sponsor or your housemates to help you. Healthy recovery is about change. This means making an effort to change your old behaviors.

#### RESPONSIBILITY

Each house holds weekly meetings. As a member you will participate in these meetings, have full voting rights and may even be elected by the other members to hold an office. Your house will help you learn the procedures of their Hope House meetings.

You will be expected to pay your share of expenses on time, to complete your assigned chores, to follow your plan of recovery and to abide by the house

rules. You may be asked to fill out some forms. Please do so as soon as possible. As you grow in your recovery and comfort level in the house you can help other new members. Your growth will be enhanced by your willingness to participate.

### **REPLICATION**

As you grow in your Hope House experience, you may be asked to share your experience at treatment centers and other agencies. You may have the opportunity to assist in the opening of a new house. This has many aspects to it, such as recruiting new members, sending out fliers, finding household donations and teaching the new house how Hope House functions.

We are happy you have been chosen to be a member of our house and share in all of our recoveries.

Your success depends on your honesty, open mindedness, and willingness to change, and share your recovery.

## HOPE HOUSE Resident Contract

l,	,as a member of
Hope House located at 214 Orange Street, Oxford, NC, rules and guidelines of the house.	agree to abide by the
I understand that if I am found to be using a continued stay will be evaluated based on my honesty, co and willingness to participate in treatment.	
I understand that if I am found to be in violat including but not limited to non-payment of shared experience, that my continued stay will be evaluated on a with the understanding that the house reserves the rig lease immediately.	enses or disruptive case-by-case basis
I understand that if I am placed on a contract rent, curfew, behavior) and found to be in violation of the house reserves the right to terminate my lease immediate.	at contract, that the
Signature of House Member	Date
Signature of Hone House Board Member	Date

## **Hope House Member Property List**

Name:	<u> </u>	

Date	Property of House Member	House Leader Initials

### **Hope House Emergency Medical Information Release Form**

Name:	Age:
. Date of Birth: ·	Blood Type:
Primary Physician:	Phone #
Hospital or Clinic:	
Insurance:	
Allergies:	
Medications:	
<b>Medical History:</b> {any condition for which condition, i.e. Bipolar, High Blood Pressure,	
	act:
1. Name <u> </u>	Phone:
2. Name	Phone:
3. Name	Phone:
I hereby give my consent for emerger	ncy medical treatment:
Signature:	Dates:

### **RELAPSE CONTINGENCY PLAN**

I understand that per Hope House charter, if I return to active drinking or drug use- I will be immediately expelled from this Hope House. If this should happen, I would like the following actions to be taken:

Places I can go-:	(check all that	apply)			
Family	Friend	Detox/Treatment	Hotel		Other
Describe details: inclu	ıding names, p	hone numbers, and addre	sses:		
People to notify:					
Name		Phone Number	Re	elations	ship
			_		
Signature			Date		

## Hope House Expectations

This list consists of common sense, everyday guidelines that will help all of us to be aware of the need to respect each other. These expectations have been set in place to not only safeguard your Hope House but to safeguard its current members and all the future members to come.

- 1. Pay your share of expenses on time.
- 2. Rent is payable by cash or check. All rent is due on the 1st of the month and no later than the 5th.
- 3. **First 30 Days:** No overnights outside of the house, with the exception of Hope House functions.
- **4.** All medicines are to be kept in a locked area and out of view of other House members. **Absolutely no sharing of prescribed meds.**
- 5. Devise and adhere to a recovery plan as necessary.
- 6. Respect your housemates' personal boundaries by treating them as you would like to be treated.
- 7. Do not use anyone's personal items without permission.
- 8. Mark **All** your food items with your initials. Taking someone's food *Without permission* constitutes **Theft.**
- 9. Bedroom areas are private and should be respected. They should be neat and clean at all times.
- 10. If you make a mess- **Clean It Up!** Including cleaning out the shower after use, bathroom sinks and counters free of hair and toothpaste splatter. Kitchen- wipe up any crumbs, spills, or grease splatters on stove and walls. Wash your dishes.

- 11. Do assigned chores completely and in a timely fashion. **Respect Others Chore Time.** (Do not start cooking while someone is cleaning the kitchen and try to vacate areas in which they are trying to clean out of respect for their chore time.)
- 12. Good personal hygiene is expected while living in this house, but please keep shower time to a minimum. Excessive use of hot water is prohibited.
- 13. Remove laundry as soon as it's completed. If you have to leave the house before it is done- ask another member to help you out by removing it when it's done. Clothes should be washed on the cold cycle.
- 14. If conflict arises, try to resolve it by **Appropriate Mutual Agreement**, Do not allow it to affect the entire household. If it is not possible to come to a mutually satisfactory resolution, both parties are responsible to go the House Leader to discuss the situation. All house members may be called together for an emergency meeting to find a solution to the problem.
- 15. Noise is to be kept at an acceptable level at all times. Head phones are recommended.
- 16. If anything gets broken, fix it, replace it, or if it needs the house attention, notify the House Leader.
- 17. We share equally in the responsibilities of this house for our benefit and personal growth.
- 18. Weekly house meetings are mandatory. House decisions are made at this time and you are responsible to be there. Excuses for work, hospital, or prearranged absences only are allowed. If you are going to be tardy- call before the meeting starts.
- 19. Lights, televisions, stereos, etc. should be turned off when not in use.
- 20. Thermostat shall be kept in a lockbox for heating and cooling.

- 21. Be courteous when other housemates have already started cooking be patient and wait your turn.
- 22. Interaction with each other is encouraged. Take time to share feelings, hobbies, hopes, and dreams with your Hope House family.
- 23. Physical violence will not be tolerated. The parties involved will be disciplined up to and including expulsion from this house. An emergency meeting must be called to address the situation.
- 24. A written one-month notice is required when relocating. If you do not give the house a month's notice, you might not be refunded.
- 25. No firearms or ammunition in this house at any time!
- 26. No visitors or pets.

I understand as a member of Hope House - I am required to read and familiarize myself with these house expectations and if I am unclear or do not understand any of them- I will ask for assistance.

Signature	Date
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## **Hope House New Member Plan for Recovery**

Name	Date
My plans for Follow Up in Recovery	
If enrolled in an Aftercare Program, my plar	ns for attendance
I do <b>d</b> b not have a sponsor at the how soon can you obtain a sponsor?	
I plan to attend	AA/NA meetings per week.
am using Daily Meditation.	book for my
I understand that if I drink or use in or out o immediately.	f this house, I will be expelled
Signature	Date